

Year	Age	Sex	Height	Weight	Body Mass Index	Waist Circumference	Waist-Hip Ratio	Trunk Fat	Visceral Fat	Subcutaneous Fat	Trunk Fat	Visceral Fat	Subcutaneous Fat
1990	25	M	175	75	24.2	85	0.85	15	5	10	15	5	10
1995	30	M	175	85	27.8	95	0.90	20	10	10	20	10	10
2000	35	M	175	95	31.4	105	0.95	25	15	10	25	15	10
2005	40	M	175	105	35.0	115	1.00	30	20	10	30	20	10
2010	45	M	175	115	38.6	125	1.05	35	25	10	35	25	10
2015	50	M	175	125	42.2	135	1.10	40	30	10	40	30	10
2020	55	M	175	135	45.8	145	1.15	45	35	10	45	35	10
2025	60	M	175	145	49.4	155	1.20	50	40	10	50	40	10
2030	65	M	175	155	53.0	165	1.25	55	45	10	55	45	10
2035	70	M	175	165	56.6	175	1.30	60	50	10	60	50	10
2040	75	M	175	175	60.2	185	1.35	65	55	10	65	55	10
2045	80	M	175	185	63.8	195	1.40	70	60	10	70	60	10
2050	85	M	175	195	67.4	205	1.45	75	65	10	75	65	10
2055	90	M	175	205	71.0	215	1.50	80	70	10	80	70	10
2060	95	M	175	215	74.6	225	1.55	85	75	10	85	75	10
2065	100	M	175	225	78.2	235	1.60	90	80	10	90	80	10
2070	105	M	175	235	81.8	245	1.65	95	85	10	95	85	10
2075	110	M	175	245	85.4	255	1.70	100	90	10	100	90	10
2080	115	M	175	255	89.0	265	1.75	105	95	10	105	95	10
2085	120	M	175	265	92.6	275	1.80	110	100	10	110	100	10
2090	125	M	175	275	96.2	285	1.85	115	105	10	115	105	10
2095	130	M	175	285	99.8	295	1.90	120	110	10	120	110	10
2100	135	M	175	295	103.4	305	1.95	125	115	10	125	115	10